

CANP 42ND ANNUAL EDUCATIONAL CONFERENCE

March 14-17, 2019 | San Diego | Sheraton San Diego Hotel & Marina

SUPPORTED BY
nso
nurses service organization

AGENDA

THURSDAY, MARCH 14, 2019

7:15 am – 8:15 am

Breakfast

8:30 am – 9:00 am

Welcome and Opening Remarks

9:00 am – 10:15 am

Keynote Presentation *Penny Kaye Jensen, DNP, FNP-C, FAAN, FAANP*

The Journey of Obtaining APRN Full Practice Authority and Implementation within the Nation's Largest Integrated Healthcare System

The Veterans Health Administration (VHA) is the largest integrated health care system in the United States, providing health care services for more than 9 million veterans at 1,243 healthcare facilities. Acquiring full practice authority (FPA) for advanced practice registered nurses (APRN) within a system of this size is both challenging and rewarding. APRNs' scope of practice varies widely from state to state for reasons that are related not to their ability, education, or training, but as a result of political decisions made by the state in which they are licensed. This presentation describes the long and arduous journey of obtaining FPA, and provides an in-depth view of the implementation process, lessons learned, and the importance of internal and external stakeholder engagement.

10:15 am – 10:30 am

Break and Poster Presentations

10:30 am – 11:45 am

In-Track Sessions

Humanitarian Volunteering on a Real-World Schedule

Gordon H. Worley, MSN, RN, FNP-C, ENP-C, FAWM

This presentation explores the nature of short-term humanitarian medical missions and addresses opportunities to participate while continuing to maintain a normal work/family schedule.

Acute Reversal of Dabigatran with Idarucizumab (Praxbind™)

Lovella Hailey, MSN, ANP-C

Dawn Meyer, PhD, FNP-C, FAHA

The purpose of this case-based presentation is to describe the use of idarucizumab and subsequent thrombolysis in ischemic stroke patients with active dabigatran use.

Subspecialty Nurse Practitioners and the Case of the Orthopedic Nurse Practitioner

Debra Palmer, PhD, DNP, FNP-BC

The presentation disseminates original qualitative research findings related to the evolving subspecialty nurse practitioner role in relationship to the advanced practice registered nurse practitioner consensus model.

Pain Management in Pregnancy

Theresa Mallick-Searle, MS, NP

Chronic pain has different causes and may need different treatments. In a population of pregnant women, most chronic pain emanated from musculoskeletal conditions, fibromyalgia, neuropathic pain, or chronic headache, including migraine. It is important to know the impact of the use of analgesic drugs on pregnancy and the embryo/fetus. This lecture will explore safe and effective pain-management treatments during pregnancy.

"Fiebre del Valle" The Zebra among Horses: Management of Coccidioidomycosis in Primary Care

Heather Bosma, MSN, FNP-C

This presentation offers methodologies to improve clinical skills in assessing, diagnosing, and managing patients with Valley Fever in the primary care setting.

12:00 pm – 1:15 pm

Lunch and Expo

1:00 pm – 4:00 pm

Workshops 1 and 2

Pharmaceutical Management of Type 2 Diabetes: Strategies to Improve Patient Care

Zarmine Naccashian PhD, FNP, GNP, RN, CDE, BC-ADM

Through the use of case studies, this session discusses current clinical guidelines of pharmaceutical options to treat T2DM to achieve target glucose management with insulin.

Under My Thumb: Nailbed Procedures

Karen Hoyt, PhD, FNP-BC, FAEN, FAANP, FAAN

In this hands-on workshop, participants will perform various nailbed procedures, including digital block and nail trephination. Interventions for patients with nailbed disorders/injuries will also be discussed.

1:30 pm – 2:45 pm

In-Track Sessions

Family Nurse Practitioner Partnered Residency Education Program: A New Approach for Pre-Graduate Clinician Education

Lisa Hood, DNP, MSN, FNP-C

Karen Paolinelli, MSN, FNP-C

The co-designers of the Family Nurse Practitioner Partnered Residency Education Program (FNP PREP), a pre-graduate clinical residency program, discuss its development, management, and initial evaluation.

The Zebras of Cardiomyopathy

Desiree Covey, MSN, ACNP

Simran Grewal, MSN, AGACNP-BC

Chona Pedraja, MSN, ACNP

This presentation provides an overview of three uncommon etiologies of heart failure — cardiac sarcoidosis, cardiac amyloidosis, and hemochromatosis — in a case-based approach to illustrate diagnostic approaches and management strategies.

Lower Back Pain Made Ridiculously Simple

Vania Bernatsky, MSN, ACNP-BC

Desiree Covey, RN, MSN, NP, PhD

Lower back pain is extremely common and can be overwhelming to treat. Using standard of care practice, this session explains how to diagnose and treat lower back pain with surprising simplicity.

Novel Uses for Forbidden Medicines: The Psychedelics Re-Emerge

Maria Mangini, PhD, FNP-BC

This presentation discusses the history of psychedelic research and the unique legal, ethical, and regulatory issues that surround the renewed interest in psychedelic therapies.

Adult Immunizations in Primary Care

Sheri Rickman Patrick, DNP, FNP-BC

This session is designed to educate nurse practitioners who work in primary care about adult vaccines and the schedule to ensure that their adult and geriatric patients are protected.

2:45 pm – 3:45 pm

Expo and Poster Presentations

4:00 pm – 5:15 pm

In-Track Sessions

Creation of Advanced Practice Provider Onboarding and Orientation Structure: Successes and Failures

Amy B. Ziegler, DNP, ACNP-BC, NEA-BC

This presentation discusses ways to develop and implement an advanced practice provider onboarding and orientation structure, including specifics on what works and what doesn't.

Checking Under the Hood: Vulvar Dermatology

Rebecca Norwick, DNP, FNP-BC

Vulvar dermatology is challenging due to the similarity in presentation of benign and malignant disease. This interactive presentation includes photographs of actual pathology.

Osteoporosis Pharmacology Simplified

Elaine Henson, RNC, MSN, ANP-BC, CDD

Heart attack, stroke, and breast cancer combined have a lower risk of occurrence than a fracture that will affect 55 million American patients in their lifetime as a result of osteoporosis.

You Can Prescribe Suboxone for Opioid Abuse: Nuts and Bolts for In-Office Treatment

Dorothy Moore, DNP, FNP-C

Nurse practitioners can prescribe Suboxone to treat opioid abuse. This presentation explains the fundamentals of how to go about doing this.

Domestic Minor Sex Trafficking: Resources for Health Care Providers

Aimee Paulson, DNP, FNP-C

Commercial sexual exploitation of American children is a global problem with prevalence in California. This presentation offers resources for health care providers to recognize and reach out to victims.

Welcome Reception and Expo

Symposium – OZEMPIC- Achieving Glycemic Control: Developments in GLP-1 RA Treatment Options for Adults with T2D

Brett Michael Rawlins, FNP MSN

Sponsored by Novo Nordisk

Dinner is provided.

5:30 pm – 6:30 pm

6:30 pm – 8:00 pm

FRIDAY, MARCH 15, 2019

6:00 am – 7:00 am

Yoga with CANP

7:15 am – 8:15 am

Breakfast and Expo

Poster Presentations

7:15 am – 8:15 a.m

Symposium – Managing Your Inflammatory Health: The Key to Health and Longevity

Jon Ruckle, M.D.

Sponsored by Cardax

Breakfast is provided.

8:30 am – 9:00 am

Welcome and NP of Distinction Award

9:00 am – 10:15 am

Keynote Presentation *Kristy Wiese, Legislative Advocate* | **Legislative Overview**

This presentation identifies key issues and challenges and discusses implications for nurse practitioner practice within the policy arena.

10:15 am – 10:45 am

Expo and Poster Presentations

11:00 am – 12:15 pm

In-Track Sessions

Medication Management for Nurse Practitioners: Protecting Yourself from Liability

Roxanne Filson, NSO

Lynn Pierce, NSO

This session reviews NSO's recently published NP Claim Report, including a comparison of current California NP claim data and data for NPs from across the country. Claim scenarios are included as a risk-education tool.

Full Practice Authority: What Every Nurse Practitioner Needs to Know

Beth Haney, DNP, FNP-C, FAANP

This presentation describes the three key components of full practice authority (FPA), clarifies core aspects of FPA, and explores what it means to the nurse practitioner profession.

Medical and Recreational Cannabis: What Is a Clinician to Do?

Theresa Mallick-Searle, MS, RN-BC, ANP-BC

This lecture discusses the medicinal use of cannabinoids, supported by research, while exploring the fundamental differences between medicinal and recreational use.

The Painful Spine (Part 1): Evaluating Neck and Low Back Pain in Primary Care

AJ Benham, DNP, FNP-C, ONC

This session explains how to accurately diagnose neck and low back complaints by understanding key elements of spinal anatomy, history taking, and exam techniques common to both areas.

Pain Management and Opioids (Part 1): Balancing Risks and Benefits

Alan Agins, PhD

Jody Agins, MSN, FNP/CRNP-BC

This session addresses safe practices for prescribing opioids, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. It includes a discussion of pain and immediate release, as well as ER/LA opioids, cannabis, and addiction. The material presented is fully compliant with the FDA requirement for opioid REMS education and meets many states' requirements for controlled substance CE. The session is sponsored by the Nurse Practitioner Healthcare Foundation and is supported by an educational grant from the REMS program companies.

*The session is sponsored by the Nurse Practitioner Healthcare Foundation and is supported by an educational grant from the REMS program companies. *If you select this session from 11:00 a.m. until 12:15 p.m., you must attend Part II from 1:45 until 3:00 p.m. to receive 2.5 hours of ANCC and pharmacology credit from the Nurse Practitioner Healthcare Foundation. The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Partial credit will not be given. Certificates of Completion will be distributed on-site in exchange for the session Assessment and Evaluation.*

12:15 pm – 1:30 pm

Lunch and Expo

1:00 pm – 4:00 pm

Workshops 3 and 4

Differentiating and Treating Dementia(s)

Joseph J. Harrison, M. Ed., MSN, FNP-C

This presentation reviews common (including lesser considered) etiologies of dementia and related behavioral change in the outpatient setting. It also focuses on appropriate pharmacological and non-pharmacological evidence-based interventions.

Pathophysiology of Type 2 Diabetes: Nutrition and Lifestyle Interventions

Zarmine Naccashian PhD, FNP, GNP, RN, CDE, BC-ADM

This session includes a review of the pathophysiology of T2DM and a discussion of the findings of a diabetes prevention program study. Balanced nutrition and lifestyle changes to control glucose will also be explained.

1:45 pm – 3:00 pm

In-Track Sessions

The Modern Practice: How to Build an APRN Practice for Less than \$5K

Veronica Pike, FNP-C

Starting a practice requires a lot — clarity, drive, and persistence — but it does not require a lot of money. This presentation explains how to start a successful practice for less than \$5,000.

Hashing out the Cardiovascular Risks and Benefits of Cannabis: A Debate

Stacey B. Gross, MS

Maria Fe White, MSN, FNP/ACNP-BC, FHFS, AACC, CHFNP

The session highlights the cardiovascular risks and benefits of marijuana use in a debate format.

Zoonotic Infections from Common Household Pets

Jean O'Neil, DNP, FNP-BC

Zoonotic infections from household pets should be recognized and treated as needed, especially in those who are very young, elderly, pregnant, or immunocompromised. This presentation provides the necessary information to address these issues.

The Painful Spine (Part 2): Managing Neck and Low Back Pain in Primary Care

AJ Benham, DNP, FNP-C, ONC

This session explains how to manage common neck and low back complaints confidently and appropriately in primary care through the use of evidence-based treatment algorithms tailored to individual bio-psycho-social needs.

Pain Management and Opioids (Part 2): Balancing Risks and Benefits

Alan Agins, PhD

Jody Agins, MSN, FNP/GNP-BC

This session addresses safe practices for prescribing opioids, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. It includes a discussion of pain and immediate release, as well as ER/LA opioids, cannabis, and addiction. The material presented is fully compliant with the FDA requirement for opioid REMS education and meets many states' requirements for controlled substance CE. The session is sponsored by the Nurse Practitioner Healthcare Foundation and is supported by an educational grant from the REMS program companies.

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3:15 pm – 4:30 pm

In-Track Sessions

Precepting 101: Maximizing the Experience for You and Your Student

Tiffany Nielsen, DNP, APRN, FNP-C

Susan Tiso, DNP, APRN, FNP-BC

Discover precepting best practices, educational techniques, and clinical pearls to enhance your efficiency in patient care while providing optimal learning experiences for your student.

Jumping Off the Deep End: Recognizing and Treating Childhood and Adolescent Anxiety/Depression in the Primary Care Setting

Susan Opas, PhD, MSN, BSN

Twenty-five percent of children in the United States experience anxiety and/or depression. Diagnosis and management have become primary care. Participants in this session will learn diagnostic tools and neurochemistry of approved medications and treatments.

From Bezoars to the Truly Bizarre: Surgical Discoveries and Advances in General Surgery

Mary Clarke, NP

Surgery can identify causes of maladies or reveal extraordinary explanations for patients with unclear symptoms. This session explains how surgical technology has made advances to provide safe surgical interventions.

My, What Big Teeth You Have!: Assessment and Current Pharmacologic Treatment of Western Venomous Snakebites

Gordon H. Worley, MSN, RN, FNP, ENP, FAWM

This presentation discusses venomous snakes native to California and the western United States. Evidence-based recommendations for the assessment and treatment of snakebites are also addressed.

Travel Health: Preparation, Vaccination, and Application

Amber Bahm, DNP, APRN, FNP-BC

This session provides a review of current CDC guidelines and evidence-based practice for common travel health concerns. A discussion of special populations and vector-borne illnesses is included.

4:30 pm – 5:00 pm

Expo and Poster Presentations

5:00 pm – 6:15 pm

In-Track Sessions

Evidence-Based Natural Approaches to Reduce Side Effects and Maximize Effectiveness of Conventional Cancer Therapies

Debrah Harding, ND, FABNO

Barbara Sarter, PhD, FNP

This session provides an overview of safe and natural measures that can be recommended for mitigating the side effects of cancer therapies.

Update on Coccidioidomycosis (Valley Fever)

Margaret Leapley, PhD, MHP, FNP, BSN

Knowledge of Valley Fever transmission, diagnosis, and management is critical for nurse practitioners in California. Learn how recent state and federal legislation addresses Valley Fever concerns.

Sexually Transmitted Mycoplasmal Infections: A Missed Diagnosis with Morbid Consequences

Christine Betzold, NP, MSN, CLC

Sexually transmitted mycoplasmal organisms can cause serious morbidity. This presentation explains what these organisms are and discusses how to recognize, treat, and possibly prevent infections.

Recognizing Cannabinoid Hyperemesis Syndrome

Tracie Gadler, DNP, APRN, FNP-C, RNEA

Nicole Martinez, APRN, FNP-BC, ENP-C

This presentation explains how to recognize symptoms of cannabinoid hyperemesis syndrome and discusses effective treatment modalities.

When Will the Surgeon Operate on My Patient?: A Look at General Surgery Patients and Guidelines for Operating

Mary Clarke, NP

Patients are referred to surgery, but they don't always undergo surgical intervention to correct the diagnosis. In this session, barriers to surgery and reasons to operate are discussed.

5:00 pm – 6:00 pm

Chapter President's Mixer *invitation only*

7:00 pm – 10:00 pm

Friday Night Event

Punch Bowl Social is *the* place to be on Friday night, when CANP hosts an event filled with California-style fun and festivities. This not-to-be-missed venue is home to activities that run the gamut from karaoke to bowling ... from giant Scrabble to ping pong ... from billiards to a vintage arcade. Enjoy fabulous food and drinks while socializing with friends old and new.

Continuous transportation to and from the event will be provided and is included in the \$35 price. Be sure to sign up for this extraordinary evening when you register for the conference.

SATURDAY, MARCH 16, 2019

6:30 am – 7:30 am

CANP Fun Run/Walk

Sponsored by Planned Parenthood

Get your morning off to a brisk start on this easy 5K course. You can choose to run, jog, or walk the 3.1-mile distance. Registration is \$15 per person, and includes a visor, water, and post-race snack.

7:30 am – 8:30 am

Breakfast and Poster Presentations

8:45 am – 10:00 am

In-Track Sessions

Learning and Leadership in Bwindi, Uganda: NP Collaborations with Uganda Nursing School Bwindi

Alexa Curtis, PhD, MPH, FNP

Alan Scott Kellermann, MD, MPH

Alvin Walters, DNP, CNL, FNP

This presentation explores advanced practice nursing collaborations in Bwindi, Uganda. Population health approaches to improving outcomes for endemic conditions in sub-Saharan Africa are reviewed.

Pioneering the Frontiers of Cardio-Oncology: Uncharted Territory for Cancer Survivorship

Stacey Gross, MS, RN, ACNP

This presentation reviews the challenges of managing cardio-oncology patients and discusses evolving preventive and treatment strategies for long-term survivorship.

Spinal Tumors: What's Scary, What's Not

Vania Bernatsky, MSN, ACNP-BC, RNEA

Candice Osuga, ACNP

The phrase "spine tumor" brings fear to many patients. This lecture will review benign and malignant spine tumors and their treatment, utilizing images and case studies.

Innovations in Pain Management: An Introduction to Neuromodulation

Ada Edwards, MS, FNP-BC

This session affords an introduction to the innovative and evolving field of neuromodulation for chronic pain, including spinal cord stimulation and intrathecal pump therapy.

Not Your Mother's Arthritis: An Update of Current Therapies and Pharmacological Approach

Tina Escobedo, DNP, APRN, FNP-BC

This session focuses on the pharmacology of biological therapies utilized to treat the patient with rheumatoid arthritis. Unique needs and concerns are also discussed.

10 :00 am – 1:00 pm

Workshops 5 and 6

Using Cannabis to Treat Chronic Pain in the Geriatric Population

Eloise Theisen, AGPCNP-BC

This presentation discusses why cannabinoids are effective for treating chronic pain, which routes can help achieve relief, and when cannabis should be recommended for senior patients.

Basic Suturing Skills

Nicole Martinez, MSN, RN, FNP-BC, ENP-C, PHN

An experienced emergency nurse practitioner teaches the basics of wound management and suturing for the primary, ambulatory, urgent, and emergency care settings.

10:00 am – 10:15 am

Break

10:15 am – 11:30 am

In-Track Sessions

Creating a Sustainable Advanced Practice Provider Fellowship Program

Megan Atashroo MSN, NP

Kelly Bugos, MSN, NP

Karla Schroeder, DNP, RN, MHA, ANP-BC, NE-BC

The session provides an outline for creating an advanced practice transition to specialty program using the ANCC practice to transition accreditation process and national guidelines.

Use of Retrospective Continuous Glucose Monitoring Data: Case Studies for Primary Care Providers

Elizabeth Kunselman, FNP-C, BC- Advanced Diabetes Management

This presentation offers diabetes care case studies using retrospective continuous glucose monitoring data to guide treatment recommendations.

The Future Is Now: How to Implement Telehealth Into Your Practice

Veronica Pike, FNP-C

This session covers how to improve patient outcomes and customer experience, increase revenue, and improve your lifestyle by implementing telehealth into your practice.

Happy Medicine: The Science of Happiness

Kevin Letz, DNP, MBA, APRN, CNE, CEN, FNP-C, PNP-BC, ANP-BC, FAANP

This presentation explores new research in neuroscience, psychology, sociology, and even economics on the topic of happiness.

Post-Traumatic Stress Disorder Screening with a Focus on Refugees

Ricky Norwood, DNP, MSN, MSBH, RN, FNP-BC

This session talks about the importance of increasing awareness of PTSD in refugees. It also discusses the benefits of establishing an effective and proficient screening program to decrease negative outcomes significantly in this population.

11:45 am – 1:00 pm

In-Track Sessions

Reproductive Health Care: Conversations for Clinicians and Their Patients

Shannon Connolly, MD, FAAFP

Reproductive health is an important element of full-spectrum care. The current health care environment in the United States has created fear and anxiety for women and their clinicians, prompted by uncertainty about availability of services, coverage for care, and access to clinicians. Education and training that build solutions for reproductive health care will help alleviate some of that uncertainty.

This session is sponsored by the Nurse Practitioner Healthcare Foundation and the California Academy of Family Physicians and is supported by a grant from the California Academy of Family Physicians Foundation. The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 1.25 contact hours and .5 hours of pharmacology credit will be awarded on-site upon completion of the program evaluation.

The Effectiveness of Provider in Triage (PIT) in Emergency Departments

Theresa Olsson, DNP, FNP, ACHPN, RN

The trial of PIT in Veterans Affairs emergency departments was successful. Full implementation of PIT resulted in reduction rates of more than 50 percent in incidents of patients who leave without being seen (LWOBS) and door-to-doctor time, as well as a significant reduction in triage time.

Creating Advocacy Engagement through Social Media

Donna Emanuele, DNP

Charlotte Gullap-Moore, MSN, ANP-BC

No one can tell the story of an advance practice registered nurse better than we can. It is therefore imperative that we educate the public and increase their perception of who we are, the impact we make, and how we deliver health care.

Off to a Great Start: Health Promotion for Newborns

Arlene Spilker, DNP, RN, FNP-C, CNE

This session explains the essential health promotion and health management needs of newborns in the outpatient setting.

Advance Care Planning in Primary Care

Shelby Mueller, DNP, AGPCNP-BC

This presentation provides clinicians with the needed education, tools, and empowerment to incorporate advance care planning into daily practice.

1:00 pm – 2:15 pm

Lunch and Raffle

2:00 pm – 5:00 pm

Workshop 7

Student Workshop

An interactive discussion on regulatory and professional issues pertaining to NP practice in California. Highlights include a graduate NP panel and past BRN president. This workshop is free to all registered student conference attendees.

2:30 pm – 3:45 pm

In-Track Sessions

Creating a Safe Zone: Transgender 101 for the Health Care Provider

Jeffrey Vu, MS, RN, FNP-BC, CCRN

More gender-affirming providers are needed. This presentation reviews cultural sensitivity of the LGBTQIA+ patient, treatment options for transgender persons, and other health concerns.

Infectious Diseases among Adolescents and Young Adults: A Public Health Dilemma

Glenmore Hendricks, DNP, NP-C

Gema Morales-Meyer, DNP, RN, MPH

This session focuses on the fact that sexually transmitted infections greatly affect adolescents and young adults. To reduce rates of infections, health care providers must be proactive in screening and early intervention.

Pediatric Migraines

Onica Kuch, RN, MSN, CPNP, CNRN

This session is designed to help nurse practitioners diagnose and treat migraines in children.

Antibiotics and Infection: 2019 Update

Terry Dawwalder, DNP, FNP, MBA

Rebecca Rogers DNP, FNP-BC

Mary Wyckoff, PhD, FNP-BC, ANP-BC

This session provides research-based information regarding the management and use of antimicrobial agents in an age of widespread bacterial resistance.

Social Determinants of Health: Screening to Reduce Risk

Colleen K. Keenan, FNP-C, PhD

In this presentation, social determinants associated with poor health and threatened health status are reviewed. Efficient incorporation screening and linkage with appropriate interventions and referrals are also presented.

4:00 pm – 5:15 pm

In-Track Sessions

Law and Order for Nurse Practitioners

Lorie Brown, RN, MN, JD

Learn how to protect your most valuable asset — your license — by using an acronym called GIFTS.

Embrace the Rainbow: Primary Care of the LGBT

Akila Aisner, MSN, RN

Adrienne Rose Marks, MSN, RN

Dr. Michelle P. Zappas, DNP, FNP-BC

This session addresses provider barriers to LGBT health and primary care considerations. Participants will learn how to perform a sexual health history and when to initiate pre-exposure prophylaxis.

Lumbar Spine Pathologies and Treatment

Robert Edward Salsameda, MPA, MSN, NP-C, RN, CRNEA, CNRN

Current literature and practice indicate that when conservative lumbar spine management fails, surgical intervention may be an option. This presentation focuses on pathologies and treatment.

Diabetes: Oral Agents, Injectables, and Insulin in Primary Care

Sheri Rickman Patrick, DNP, FNP-BC

This session is designed to educate nurse practitioners working in primary care in a systematic approach to prescribing oral, injectable, and insulin agents to treat diabetes.

Fatty Liver: What the Primary Care Provider Needs to Know

Lucy Mathew, NP

Fatty liver disease is a new epidemic in the United States. This course will focus on diagnosing fatty liver and when to refer to a specialist.

5:30 pm – 6:30 pm

Reception and PAC Raffle

6:30 pm – 8:00 pm

Alumni Receptions

6:30 pm – 8:30 pm

Symposium – A Tale of Two Populations: New Data on the Dietary Habits of Older Adults and People with Diabetes

Maria Walls, MSN, APRN, ANP-C

Sponsored by Abbott Nutrition

Dinner is provided.

SUNDAY, MARCH 17, 2019

7:30 am – 8:30 am

Breakfast

7:30 am – 8:30 am

Symposium – Clinical Considerations in Acute Coronary Syndrome and Prior Myocardial Infarction

Crisamar J Anunciado, PhD, FNP-BC, BC-ADM

Sponsored by AstraZeneca

Breakfast is provided.

8:45 am – 10:00 am

In-Track Sessions

Updates in Cancer Screening: Theories, Recommendations, and Controversies

Michelle Buchholz, MSN, FNP-BC

Gabriel P. Schwartz, MSN, FNP-BC

This session discusses screening theory, cancer epidemiology, and clinical practice guideline recommendations for early cancer detection.

The Ins and Outs of the Energy Values of Food

David J. Baer, PhD

This presentation provides a historical perspective on how the calorie content of foods is determined and how and why food labels overestimate the calorie content of nuts.

Polypharmacy Reduction in Transitions of Care: ER Hospital Readmission Prevention

Ron Billano Ordon, DNP, FNP-BC

Prevention of unplanned ER/hospital readmission can be managed by nurse practitioners through polypharmacy reduction in transitions of care.

Going DEEPer: Empowering Diabetics through Group Visits

Kimberly Thomas, BA, BSN, MSN, NP-BC

Discover how to use diabetic group visits to offer diabetic self-management through DEEPTM, the Diabetes Empowerment Education Program. Learn to support patients' lifestyle changes with weight-reducing medications.

Between the Stirrups: What You Can Do to Change the Tragic Comedy of Women's Health Care

Deborah Maragopoulos, MN, FNP

Learn how to partner with female patients and empower them to become their own best advocates to enable them to get the health care they deserve.

10:15 am – 11:30 am

In-Track Sessions

The Time Is Now: HIV Pre- and Post-Exposure Prophylaxis

Andrew White, DNP

Get up to date on current trends of HIV and learn how to safely prescribe anti-retroviral medications for pre- and post-exposure prophylaxis (PrEP & PEP).

Addressing the IHI Triple Aim: An Innovative and Collaborative Approach to Improving Neonatal Outcomes in the Outpatient Setting

Elizabeth Ruben, CPNP

Arlene Spilker, DNP, RN, FNP-C, CNE

This presentation discusses the challenges and successes of an innovative collaboration aimed at improving neonatal health in the outpatient setting.

A Pain in the Neck: Cervical Spine Surgeries

Vania Bernatsky, MSN, ACNP-BC, CRNN, RNEA

Candice Osuga, ACNP

Two-thirds of the population will experience cervical disease. This lecture reviews current surgical treatments, including artificial disc replacements.

Addressing the Opioid Epidemic Among Under-Resourced Populations in a Non-Metropolitan Setting: Development of a Team-Based, Medication-Assisted Treatment Program

Alexa Curtis, PdD, MPH, FNP-BC

Lauren McPhee, BSN, RN

Michelle Otten, AS, LVN

This presentation discusses the epidemiology and management of opioid use disorder and explores the development of an inter-professional, team-based, medication-assisted treatment program.

Geriatric Trauma: Exploring Concepts in an Intensive Care Setting

Samantha Gambles Farr, MSN, RN, FNP-C, CCRN, RNEA, DNP

This session explores the concepts that are vital to caring for the traumatically injured geriatric patient in the ICU setting.

11:45 am – 1:00 pm

In-Track Sessions

Taping Leadership to Enhance Professional Fulfillment among Advanced Practice Providers

Alexandria Blacker, RN, MSN, NP, PhD

Claire Kuriakose, PA-C, MBA

Karla Schroder, DNP

This session will discuss leadership's commitment to a culture of wellness by implementing a road map to advancing the quadruple aim.

Yes, You Can!: Palliative Care for Primary Care NPs

P.E. Pendleton, FNP-BC, ACHPN, MSN

This session addresses palliative care skills for primary care nurse practitioners.

Promoting Safe Use of Medical Reference Apps by Current and Future Medical Provider Users

Kristin Aclan, DNP, MSN, BSN

With the continuous evolution of medicine and technology, providers seek the most accurate and up-to-date electronic resources to provide best practice recommendations.

The Art of Successfully Engaging Veterans in Community Care Settings: Learn the Language of the VA Culture

Christine Costa, DNP, APRN, PMHNP-BC

Kathleen McDermott, DNP, RN, MSN

Seventy-five percent of veterans receive their care in community settings. To provide culturally competent quality care, it is imperative that health care providers understand unique veteran culture.